# Research directions for agile model-driven engineering

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#### **Abstract**

Model-driven Engineering (MDE) advocates software development based on the use of software models and model transformations. Despite extensive research, and many cases of MDE application across a range of application domains, MDE still remains a minority practice among software developers. Agile MDE aims to combine MDE techniques and processes with those of agile methods such as Scrum, and has achieved significant adoption within certain industries, such as automotive systems and telecoms. Based on recent empirical studies and on a survey of 349 papers over the last 25 years of Agile MDE research, we highlight key issues with the current use of MDE, and identify where Agile MDE approaches can contribute to advance MDE practice.

#### Kevwords

Model-driven Engineering, Agile Development, Systematic Literature Review

#### 1. Introduction

The ideas behind model-driven engineering (MDE) originated in the 1990's, from work on the integration of object-oriented modelling and formal methods, and were principally motivated by the aim of increasing the rigour of object-oriented development [1, 2, 3]. The concepts of MDE were explicitly defined in the Model-driven architecture (MDA) from the OMG, which emphasised modelling at different levels of abstraction, together with model transformations (MT) to support automated mapping between models, and from models to code<sup>1</sup>. The MDE field has substantially expanded and developed over the last 25 years, however concerns continue to be raised regarding the high resources and skills required to utilise MDE for industrial software development [4, 5, 6]. Section 2 summarises current MDE practice and issues with the use of MDE.

Agile methods have been combined with MDE in 'Agile MDE' approaches, which aim to gain benefits for agile and/or MDE development approaches by adopting techniques from both methods. Here we provide an updated survey of the agile MDE field, which has developed

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significantly since the survey of [7]. In Section 3 we employ the systematic literature review (SLR) procedure of [8], and in Section 4 use the survey results to propose specific research directions whereby Agile MDE concepts can contribute to improve MDE practice and adoption.

## 2. Current state of MDE practice

In this section we analyse the current situation regarding MDE adoption and practice, and identify issues which have been highlighted by empirical research and raised by MDE practitioners in forums at recent conferences.

We consider the following MDE survey papers from the last 7 years: [4, 5, 6]. Table 1 summarises the findings and recommendations of these papers.

The findings of these surveys about MDE benefits and issues are generally consistent: it is agreed that MDE can have significant benefits in terms of software quality and development productivity and rigour. However, gaining these benefits requires various obstacles to be overcome, particularly due to the effort and specialised skills needed to effectively use MDE languages and tools. There is a lack of appropriate or usable tools, and poor integration between MDE tools and between MDE processes and mainstream software engineering practices.

The above findings are also consistent with the results of more specialised surveys, such as [9, 10, 11] and [12, 13]. In [11], a large-scale interview study was conducted to identify the benefits/disadvantages of model transformation languages (MTLs) compared to general-purpose languages (GPLs) for writing model transformations. While positive benefits of using MTLs in terms of productivity of transformation development, and for conciseness and clarity of transformations were described, these were often counterbalanced by the need for specialised skills and tools, and weaknesses of MTLs in areas such as transformation reuse, learnability and poor tool support. GPLs were perceived to generally provide much stronger tooling, interoperability and ecosystem support compared to MTLs.

From the above surveys it can be seen that the potential benefits of MDE are widely recognised, but have been limited by various factors – of which *Poor MDE process integration*; *Lack of appropriate tools (especially for requirements analysis and maintenance)*; *Poor usability and high skill requirements of MDE languages and tools* have been repeatedly mentioned by multiple empirical studies.

Subsequent to the survey and roadmap of [6], the landscape of software engineering and the specific MDE field have changed in some significant ways:

- The SysML 2.0 standard has been published<sup>2</sup>. Driven by industry concerns about the deficiencies of UML and SysML, this is a substantial revision of SysML which emphasises traceability and textual modelling.
- The *digital twins* field has emerged as a means of applying modelling concepts for the simulation of real-world situations and artefacts in health, urban environments and many other application areas [14, 15, 16].
- Cloud-based and web-based applications have become a principal means for supporting software development and deployment. These applications include low-code development platforms [17].

 $<sup>^2</sup> github.com/Systems-Modeling/SysML-v2-Release/\\$ 

**Table 1** Summary of MDE surveys

Survey	MDE benefits	MDE issues	Suggested solutions
Abrahao et al	Abstraction; Automatic	Poor UX. Lack of MDE integration	Move to user-driven MDE. Improved
(2017)	code	(within MDE & between MDE	interoperability &
(2017)	generation.	and other development practices).	integration.
	generation.	High skills needed to	Improve/evaluate
		use MDE processes/tools.	UX to reduce cognitive
		use MBE processes, tools.	load of tools.
		Complex languages &	First class support for
		tools.	customisation &
			domain-specific
			modelling.
		Access to MDE skills.	
Bucchiarone	Abstraction;	Legacy models;	Improved MDE agility
et al, [6]	Automation.	Uncertainty in design;	and maintenance
(2020)		Dealing with software	support.
,		change.	
		Marginal adoption of	Improved support
		MTL by industry.	for bidirectionality.
		Challenges of IoT,	Domain-specific MDE.
		smart systems.	
		Complexity of graphical	Increase adoption of
		modelling tools;	textual modelling.
		Linking different views.	
		Scalability;	Use of AI to support
		Accidental complexity	more powerful MDE
		of MDE.	tools.
		Limited end-user	Deeper use of example-
		tailoring capabilities	based modelling.
		of MDE.	
		Education issues.	Model repositories;
			Improved MDE teaching.
Alfraihi &	Improved	Manual processes used	More flexible &
Lano [4]	software	for requirements analysis &	customisable tools/
(2023) quality;		model creation;	notations.
	Consistency of	Lack of tool support	
	models & code;	for requirements specification,	
	Improved	testing, operations, deployment	
	communications	or maintenance.	
	across teams;	Lack of skills;	Emphasis on
	Improved	Steep learning curve;	learnability & integration;
	reusability.	Lack of integration.	User evaluation
			for MDE tools.

• Perhaps most significant, the field of large language models (LLMs) [18] within machine learning (ML) has emerged as a radical advance on previous ML capabilities, and there is a rapid and ongoing growth in the application of LLMs to SE and to MDE [19, 20].

## 3. Research in agile MDE

Agile MDE denotes the combination of agile methods [21] and MDE. Agile MDE approaches were proposed soon after the inception of MDE, and have been used in a wide range of industrial settings. To examine the evolution of Agile MDE, we carried out a systematic literature review (SLR) of publications in the Agile MDE field, using the standard SLR procedure of [8]. The research questions we aimed to answer from the survey were:

**RQ1:** How has the Agile MDE field evolved and developed over time? In particular:

- 1. Have there been changes in the application areas considered?
- 2. Have there been changes in the agile or MDE techniques used?
- 3. Have there been changes in the industrial versus academic orientation of papers?

**RQ2:** Have any 'best practices' for Agile MDE emerged?

We performed a search on the three leading academic online libraries: Scopus, IEEE Xplore and ACM Digital Library, using the search criteria:

- 1. Peer-reviewed conference or journal papers.
- 2. Must include both 'agile' and 'model-driven' in the abstract.
- 3. In the date range 1999-2024.

The search generated 1407 candidate papers divided as follows: Scopus – 350, IEEE Xplore – 80, ACM Digital Library – 977. All survey data is at: zenodo.org/records/11611376.

After removal of duplicate papers, and inspection of abstracts and contents to exclude irrelevant publications, the total number of articles was reduced to 349 unique relevant papers.

Table 2 summarises the highlights of the data analysis of these papers in terms of RQ1 (1) and (2), and Figure 1 gives a chart of the number of publications in the field per year<sup>3</sup>. This shows a generally increasing trend in the number of publications.

With regard to RQ1 (3), there is a relatively high proportion of 'industrial' papers in the survey results, that is, papers with at least one industry-based co-author and/or including a real-world case. Overall, 38% of the papers (131) can be classified as industrial in this sense, and this percentage has increased from 30% in the period 1999–2010 to 41% in 2011–2020 and 40% in 2021–2024.

With regard to *RQ*2, there has been extensive research on techniques which could be used to align MDE and agile processes, such as rapid and evolutionary prototyping [22, 23], model and code co-evolution [24], 'low code' development [25, 26, 27], increased customer involvement in development [28, 29, 30, 31], and the automated generation of models from code or from natural language [32, 33], with a particular focus on the generation of models from user stories [34, 35, 36, 37]. These techniques can all potentially benefit MDE practice by accelerating development steps and reducing the manual effort required to create and manage models.

<sup>&</sup>lt;sup>3</sup>Only complete years with at least one publication are included.

**Table 2** RQ1: Agile MDE publication characteristics

Period	Papers	Academic/	Main application	Technical
		Industrial	areas	Areas
1999-2010	84	55/24	Mechatronics/CPS 17	Code generation 10
			Web/SOA 15	Lightweight MDE 10
			Software Eng. 10	Architecture 9
			Business/finance 5	Testing 7
2011-2020	211	124/86	Software Eng. 43	Requirements Eng. 21
			CPS/Embedded 34	DSLs 18
			Web/SOA 32	Testing/TDD 15
			Business/finance 30	Code generation 13
2021-2024	54	31/21	Software Eng. 15	Requirements Eng. 6
			Business/finance 12	Lightweight MDE 5
			CPS/Embedded 10	DevOps/Cl 4

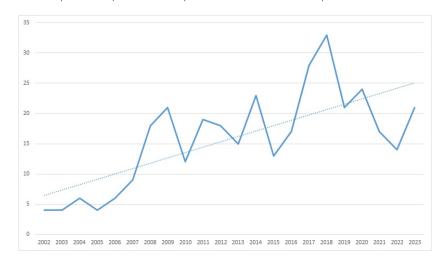


Figure 1: RQ1: Agile MDE papers published per year

# 4. Research directions for MDE improvement

The analysis of Section 2 identified problems with MDE adoption in three categories:

- MDE process issues: e.g., lack of integration with SE practices.
- MDE language issues: language complexity and difficulty in learning the languages.
- MDE tool issues: complex tool interfaces, poor usability, lack of customisability of tools.

Taking into account the above analysis, and the work in the field of agile MDE described in Section 3, we can point out specific research directions which have the potential to improve the uptake and effectiveness of MDE:

• Simplified and lightweight MDE languages, particularly the use of textual modelling languages instead of graphical, and transformations specified in terms of concrete syntax instead of metamodel features.

- Usability improvement, by means of user co-design of MDE languages and tools, and formal usability analysis of produced tools/languages.
- Simplified and lightweight tools, using a 'low-code' style of interaction and accessible via web or mobile UIs.
- Process and tool use support for users, including requirements formalisation and applications of machine learning for modelling guidance and transformation construction from examples.
- Improved integration with SE, in areas such as reverse-engineering/legacy code management (model-driven reverse engineering, MDRE), software architecture, CI/CD/DevOps and open-source/collaborative development platforms.

These areas are summarised in Figure 2.

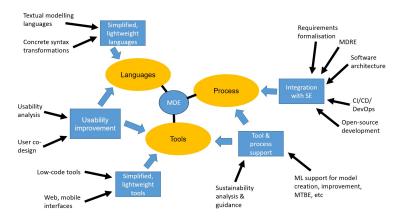


Figure 2: MDE roadmap directions

#### 4.1. Simplified and lightweight MDE languages

The complexity of graphical modelling languages such as UML have often been cited as an obstacle to software modelling use. Large graphical models can require significant effort to comprehend or manage, and text-based models are often more convenient for operations such as model management, model merging, and for model comparison using tools such as *diff*, etc [13]. There is some empirical evidence that the effort and time needed for understanding textual models is lower than for graphical [38, 39]. Thus further research on text-based modelling approaches and tools is a potentially useful research direction.

Model creation is a critical activity in MDE, which currently requires high effort and expertise. Model creation effort could be reduced by (i) using requirements-to-model synthesis approaches (requirements formalisation) based on natural language processing or machine learning [40]; (ii) reverse-engineering models from existing code using MDRE [41, 42]; (iii) using 'sketch-to-model' techniques to produce a formal model from informal sketches, analogous to 'sketch-to-code' tools<sup>4</sup>.

<sup>4</sup>www.microsoft.com/en-us/ai/ai-lab-sketch2code

With regard to DSL tooling, the use of metamodelling and model transformations relying on metamodels may complicate and increase the effort of DSL support. Instead, a more lightweight text- and grammar-based approach using tools such as ANTLR has been recommended [43, 44] and should be further investigated. Transformations could be specified based on the *concrete syntax* of source and target languages, using a text-to-text MTL such as  $\mathcal{CSTL}$  [45], thus avoiding the need for transformation developers to know the metamodels of the languages.

#### 4.2. User-centered languages and tools

MDE languages and tools should be designed with respect to the needs and capabilities of potential users, and evaluated with respect to such user needs. Ideally, experts from a domain, representative of end-users in that domain, should play a leading/directing role in the development of MDE language and tool support for that domain. Thus, agile methods concepts of an 'on-site customer representative' should be adopted [46]. An example of this process was the creation of a DSL, MathOCL, for the specification of mathematical models in finance [47]. This work was initiated and guided by a domain expert, working together with MDE experts.

MDE tool and language creators should consider and evaluate the cognitive loading of their products, and avoid factors which increase this load, such as novel or non-standard concepts and syntax. Aligning tools and languages to existing user skills and knowledge can help to overcome obstacles to use.

#### 4.3. Machine learning and MDE

An area with rapidly increasing research activity is the application of AI and machine learning (ML) to software engineering [20]. Within MDE, ML has been used to (potentially) improve the user experience by simplifying and automating MDE processes such as the construction of models from informal requirements [48, 40, 49, 50], and the construction of model transformations from examples [51, 45]. ML has also been used for advisory systems to assist practitioners to analyse and improve models, and to support model-based DevOps processes [52]. In principle an LLM with sufficiently wide-ranging knowledge could be used as an 'operating system' or platform able to provide specialised knowledge-based services, including software modelling services, after suitable fine-tuning [19]. However there can be reliability and accuracy issues with non-symbolic machine learning techniques such as LLMs, which means that their outputs need to be considered as the views of a fallible and sometimes inconsistent expert, rather than being used to directly automate processes [53, 54, 55]. Current LLMs also have inadequate modelling knowledge to be directly used to automatically support MDE activities [48, 40, 49]. Thus a human modeller needs to inspect, correct and validate the models produced by an LLM.

We consider that an important research direction to pursue is the creation of new LLMs possessing sufficient code, natural language and modelling knowledge in order to more effectively support MDE activities such as model creation from requirements, model review, and model quality improvement. In turn, this work will require the creation and curation of substantial model datasets to support training of the LLMs.

Further investigation should be carried out into the use of *symbolic* ML for learning precise software engineering tasks, such as model transformation (MT) and code generation and

## 4.4. Simplified and lightweight tools

Low-code software development approaches are techniques whereby end-users can construct applications with a minimum of traditional coding. They typically utilise a pre-existing set of services (such as data persistence services) provided by a cloud-based platform. There is some overlap between low-code and MDE approaches [17], because MDE approaches usually involve the replacement of explicit coding by more abstract/platform-independent specification and design. But many low-code approaches do not involve construction of models, instead drag-and-drop facilities as in interface builders such as Xcode are used. In addition, while a goal of low-code is to reduce the development effort and skills needed to produce an application, MDE approaches instead move effort from code construction to model construction, and require advanced skills. Our view is that the low-code approach would be useful for MDE tools that aim to support high user configurability, or to enable users with lower MDE technical skills to utilise MDE techniques. In this guise they would actually be 'low modelling and low code' tools, enabling the construction of model-based solutions using pre-existing components such as OCL libraries for file management and networking [57]. ML support could be used to automate the selection of model elements and design and architecture choices from user input provided in natural language. Speech input/output could be used for improved interactivity.

#### 4.5. Integration with software engineering practices

Surveys have emphasised the need for MDE techniques to be seamlessly integrated with existing development practices such as continuous integration/deployment and DevOps [5, 4]. The selective use of MDE techniques to enhance agile development processes has been a major theme in the Agile MDE field (Section 3), with modelling being used to facilitate communication between heterogeneous teams [13], and to accelerate the production of prototypes [22, 23]. A major challenge in MDE and mainstream SE integration is how to combine automated code generation with manually-produced code, including legacy code. Prospective solutions include model and code co-evolution [24] and automated extraction of models from code [42].

The use of MDE with open-source projects involving collaborative development is also an area where more work is needed [33]. The study of [58] showed that MDE use may have positive benefits in the early life of such projects, but this effect diminishes over time, which may be due to the general lack of effort to synchronise models and code, so that the models become progressively more out-of-date over time as project contributors make code changes.

#### 5. Conclusions

This paper has distilled the analysis of recent surveys of the MDE field, and highlighted significant work from the field of Agile MDE in order to identify key topics for research to improve MDE usability and the acceptance of MDE by general software practitioners.

In summary, we identified research focus areas of simpler and more lightweight MDE languages, tools and processes, with increased user involvement in MDE language and tool defini-

tion and evaluation, and increased automation support for MDE processes, using ML or other techniques. Improved integration with SE processes is also needed. We consider that these research directions have potential to expand the use of MDE and to increase the benefits from such use, and hence ultimately to improve the practice of software engineering.

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