

# Find out what data Fitbit collects for Fitbit account users

When you enable the Fitbit application, you enable the processing, collection and storage of data for Fitbit's health and wellness features. Data can come from manual data entry in the Fitbit app, a device you paired with the Fitbit app, and/or services you connected to your Fitbit experience, like third party apps.

The list below illustrates types of features and data collected for you when you use a legacy Fitbit account with Fitbit.

## Fitbit core service

- Demographic data like height, weight, age
- Fitness data like distance, steps, workouts
- Manually entered data like food logs, water logs
- Achievements like badges, celebrations

## Premium service

- Sleep Score breakdown
- Sleep Profile
- Stress Management Score Breakdown
- Wellness Report
- Snoring & sound events (optional)
- Daily Readiness (optional)

# Trackers

## Ace, Ace 2, Ace 3

- Fitness and Activity: Steps, Active Minutes
- Sleep: Sleep Log

## Alta

- Fitness and Activity: Steps, Distance, Active Minutes
- Sleep: Sleep Log
- Other Health and Wellness: Calories Burned

## Alta HR

- Fitness and Activity: Steps, Distance, Active Minutes, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Calories Burned

## Charge

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes
- Sleep: Sleep Log
- Other Health and Wellness: Calories Burned

## Charge HR

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes, Cardio Fitness (VO2Max)
- Sleep: Sleep Log
- Other Health and Wellness: Heart Rate, Calories Burned

## Charge 2

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Altitude, Active Minutes, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate

### Charge 3

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Altitude, Active Minutes, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate

### Charge 4

- Location: Connected GPS, On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

### Charge 5

- Location: Connected GPS, On Device GPS
- Fitness and Activity: Steps, Distance, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

### Classic

- Fitness and Activity: Steps, Distance, Active Minutes
- Sleep: Sleep Log

## Flex

- Fitness and Activity: Steps, Distance, Active Minutes
- Sleep: Sleep Log

## Flex 2

- Fitness and Activity: Steps, Distance, Active Minutes, Swim
- Sleep: Sleep Log

## Force

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes
- Sleep: Sleep Log

## Inspire

- Fitness and Activity: Steps, Distance, Active Minutes, Swim
- Sleep: Sleep Log

## Inspire HR

- Fitness and Activity: Steps, Distance, Active Minutes, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate

## Inspire 2

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Skin Temperature Variation

## Inspire 3

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Skin Temperature

## Luxe

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## One

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes
- Sleep: Sleep Log

## Ultra

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes
- Sleep: Sleep Log

## Zip

- Fitness and Activity: Steps, Distance, Active Minutes

# Smartwatches

## Google Pixel Watch

- Location: On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Other Health and Wellness: Heart Rate, Resting Heart Rate

## Sense 2

- Location: On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Score, Sleep Score Cumulative
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Sense

- Location: On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Versa 4

- Location: On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Score, Sleep Score Cumulative
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Versa 3

- Location: On Device GPS

- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Versa 2

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Versa

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Versa Lite

- Location: Connected GPS
- Fitness and Activity: Steps, Distance, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Blaze

- Location: Connected GPS

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate

## Ionic

- Location: On Device GPS
- Fitness and Activity: Steps, Distance, Altitude, Swim, Cardio Fitness (VO2Max)
- Sleep: Sleep Log, Sleep Stages, Sleep Score
- Other Health and Wellness: Heart Rate, Resting Heart Rate, Heart Rate Variability, Breathing Rate, Spo2 (Blood Oxygen) Tracking, Skin Temperature Variation

## Surge

- Fitness and Activity: Steps, Distance, Altitude, Active Minutes, Cardio Fitness (VO2Max)
- Sleep: Sleep Log
- Other Health and Wellness: Heart Rate

## Scales

### Aria, Aria 2, Aria Air

- Physical Condition: Weight Measured, Body Fat Percentage, Body Mass Index