# Investigation of the Presence and Mechanisms of Action Potential Alternans in Hypertrophic Cardiomyopathy

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#### **Abstract**

Hypertrophic cardiomyopathy (HCM) is a common cardiac genetic disorder. It is a leading cause of sudden cardiac death in young adults, yet most patients remain asymptomatic. T wave alternans (TWA) have been proposed as a potential tool for HCM risk stratification [1] [2] [3] but the mechanisms at stake remain unclear [4] [5]. HCM has been associated with a dysregulation of Ca<sup>2+</sup> cycling and an elevation in intracellular calcium concentration [6] that may affect the cardiac action potential (AP). Our goal is to investigate whether these electrophysiological abnormalities may be a mechanism responsible for the presence of TWA in HCM. We use a population of 9,118 control and HCM models defined in [7] and measure alternans in AP and Ca<sup>2+</sup> transient biomarkers for pacing cycle lengths from 250ms to 700ms. HCM cardiomyocytes show a distinct AP phenotype with longer AP and  $Ca^{2+}$  duration (486±84ms  $vs = 286 \pm 52ms$ ,  $691 \pm 82ms$   $vs = 522 \pm 65ms$  p < 0.001). However, there is no significant difference in alternans propensity in HCM compared to controls, except for AP amplitude at low pacing lengths (300ms: 13.4% HCM models, 2.6% control models, p<0.001). HCM amplitude and duration alternans also presented larger magnitude than Controls. These findings suggest that TWA in HCM may be related to whole-organ tissue heterogeneities rather than an alteration of the cellular substrate.

#### 1. Introduction

Hypertrophic cardiomyopathy (HCM) is a cardiac genetic disease and a major cause of sudden cardiac death in young adults. However, most patients remain asymptomatic, and identifying the patients at risk is therefore critical to provide them with appropriate treatment. Several studies [1] [2] [3] have suggested T wave alternans (TWA) as a potential tool to identify these high risk patients, but the mechanisms behind TWA are still unclear [4] [5]. HCM hearts suffer from electrophysiological abnormalities affecting the repolarisation phase. They show an increase of L-type

calcium, an increase of Late Sodium current and a reduction of potassium currents [6] [7]. These abnormalities in the calcium cycling may lead to action potential (AP) alternans [8] [9]. Our goal is to investigate whether these electrophysiological abnormalities may be a mechanism responsible for the presence of TWA in HCM. We used a population of model approach described in [7] allowing us to account for variability in HCM and control populations. We analysed two consecutive heart beats at steady state, recorded AP for both populations and compared the presence of alternans in AP biomarkers at different pacing lengths.

#### 2. Methods

# 2.1. HCM and control populations

In order to account for variability in HCM and control populations, we used a population of models approach, described in [7]. The baseline model used is the endocardial O'Hara-Rudy model [10] in which 11 parameters are varied to build the control population (n=9,118), in agreement with experimental data described in [6]. The HCM population is then derived from controls by introducing changes in the ionic currents, recreating HCM electrophysiology. As described in [7], INaL was increased by 165%, and ICaL by 40%. Ito was decreased by 70% and IK<sub>1</sub> by 30%. Fast and slow time constants of voltage and Ca<sup>2+</sup> dependent ICaL inactivation were increased by 35% and 20% respectively. In addition, IKr and IKs were decreased by 45%, the SERCA pump by 25%, RyRs release by 20% and Na<sup>+</sup>/Ca<sup>2+</sup> exchanger was increased by 30%. Troponin for Ca<sup>2+</sup> was reduced by 50%, Na<sup>+</sup>/K<sup>+</sup> pump was reduced by 30% and the background Na<sup>+</sup> current was increased by 165% similarly as INaL.

### 2.2. Action potential simulations

The models were paced until steady state (500ms) to ensure stable ionic concentrations of Na<sup>+</sup> and K<sup>+</sup>, at the following pacing cycle lengths: 700ms, 600ms, 500ms, 450ms, 400ms, 350ms, 300ms and 250ms, in order to

investigate the apparition of alternans at different frequencies. We recorded AP and calcium transient (CaT) traces for two consecutive beats at steady state for the different pacing cycle lengths. Simulations were performed using Chaste, an open source cardiac simulation software [11] and the analysis of AP and CaT traces was performed using custom Matlab software.

### 2.3. Biomarkers computation

In order to compute AP and CaT biomarkers, we discarded the models that failed to repolarize during the simulation, for each cycle length. The following biomarkers were computed:

- Action potential amplitude (APA): computed as the absolute value of the difference between the maximum of the AP and the resting membrane potential
- Action potential duration (APD): computed between the upstroke of the AP and the time of 90% (APD90) of repolarization.
- Calcium transient (CaT) duration: computed as the maximum of the CaT trace between the upstroke of the CaT trace and the time of 90% (CaT90) of repolarization.
- CaT amplitude (CaTA): computed as the

absolute value of the difference between the maximum of the CaT trace and the resting membrane potential

The model was considered to present alternans if the difference in amplitude (resp. duration) between the two consecutive beats was more than 1% of the magnitude of the amplitude of the first beat (resp. 5ms). In addition to the number of models exhibiting alternans, we computed the magnitude of these alternans for both groups, measured as the absolute difference between the two consecutive beats.

#### 3. Results

## 3.1. HCM models phenotype

In agreement with HCM experimental phenotype [7], the HCM models showed a longer APD compared to controls, with greater variability (486 $\pm$ 84ms vs 286 $\pm$ 52ms, p<0.001), as well as a longer CaT duration, with greater variability (690 $\pm$ 81ms vs 522 $\pm$ 65ms, p<0.001).

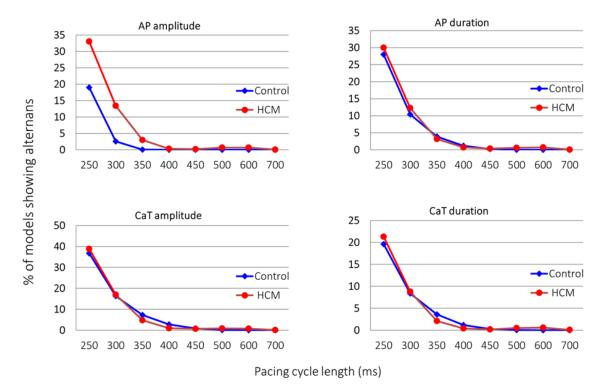


Figure 1: Percentage of models displaying alternans for Control and HCM, for action potential duration and amplitude, and Ca<sup>2+</sup> transient duration and amplitude at pacing cycle length from 250ms to 700ms.

# 3.2. Comparison of alternans

The percentage of models displaying alternans in control and HCM populations for different pacing lengths is represented on Figure 1.

For high cycle lengths (400ms to 700ms), both groups show few APA alternans, with controls showing strictly no APA alternans at these frequencies.

For low cycle lengths (350ms to 250ms), HCM models show significantly more APA alternans than controls (250ms: 33% for HCM, 19% for Control, 300ms: 13.4% for HCM, 2.6% for Control, 350ms: 3% for HCM, 0.1% for Control, all p<0.001). In addition, the magnitude of APA alternans (measured as the absolute difference between the two consecutive beats) is larger for HCM models compared to controls (6.3±3.5mV vs 2.6±2.2mV, p<0.001), in agreement with previous studies [9].

For APD90, CaTA and CaT90 alternans, the HCM and control groups do not differ significantly in terms of percentage of models displaying alternans.

### 3.3. Magnitude of alternans

In addition to the number of models exhibiting alternans, we computed the magnitude of these alternans for both groups, measured as the absolute difference between the two consecutive beats. HCM models showed significantly higher magnitude of APA alternans compared to controls (250ms:  $7.58 \pm 3.5$ mV vs  $4.01 \pm$ 

3.38 mV , 300 ms:  $6.32 \pm 3.52 mV$  vs  $2.61 \pm 2.26 mV$ , 350 ms:  $4.59 \pm 2.63 mV$  vs  $1.27 \pm 0.26$  mV, all p<0.001, Figure 2, Panel A). In addition, HCM showed higher magnitude of APD alternans compared to controls (250 ms:  $21.61 \pm 8.29 ms$  vs  $11.89 \pm 5.72 ms$ , 300 ms:  $21.01 \pm 11.29 ms$  vs  $9.81 \pm 3.79 ms$ , 350 ms:  $18.69 \pm 9.90 ms$  vs  $8.37 \pm 2.41 ms$ , 400 ms:  $15.68 \pm 8.18 ms$  vs  $7.66 \pm 2.01 ms$ , 450 ms:  $13.56 \pm 8.89 ms$  vs  $6.61 \pm 1.32 ms$  all p<0.001, all p<0.001, Figure 2, Panel B).

#### 4. Discussion and conclusions

In this work, we investigated the presence of alternans at the cellular level in HCM compared to controls using a population of models approach. HCM models displayed significantly more AP amplitude alternans than controls at low cycle lengths (250-350ms), but no significant differences were observed at pacing cycle lengths between 400ms and 1000ms. HCM and Control models also exhibited similar number of alternans in AP duration, CaT duration or CaT amplitude alternans at all frequencies. Despite low numbers, the magnitude of alternans in HCM models was significantly higher than in Controls in terms of action potential amplitude and duration.

A limitation of this approach is the threshold set for the computation of alternans (1% difference) capturing very subtle changes between two consecutive beats, suggesting that the alternans observed are not very marked. These

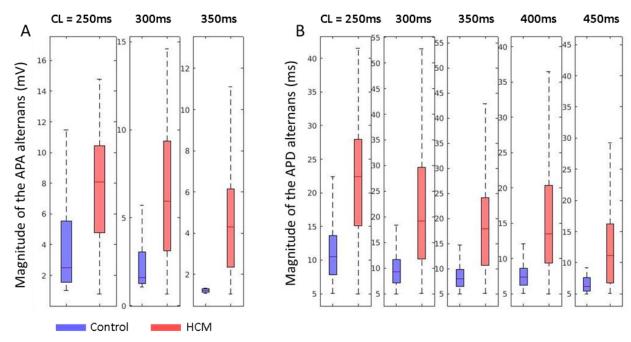


Figure 2: Boxplot comparing (A) the magnitude of AP amplitude alternans (mV) in Control and HCM populations at 250, 300 and 350ms pacing length, (B) the magnitude of AP duration alternans (ms) in Control and HCM populations at 250, 300, 350, 400 and 450ms pacing length

results therefore do not strongly suggest that HCM cardiomyocytes are more prone to alternans in action potential biomarkers compared to Controls. This may suggest that TWA on the ECG, observed in HCM and proposed as potential tool for risk stratification [3], may be due to other dynamics than single cell abnormalities. Alteration of the tissue structure leading heterogeneities and conduction delays may rather be the cause of TWA. Indeed, increased dispersion-ofrefractoriness in heterogeneous regions of myocardium may lead to areas where recovery times are prolonged. Increased recovery may lead to partial conduction blocks and facilitate re-entry [14] [15]. Computer simulations have shown that refractoriness heterogeneities could lead to an alternating partial depolarization and result in repolarization alternans on the ECG [16]. More specifically in HCM, structural abnormalities like fibre disarray or fibrosis, which may create regional conduction abnormalities could in turn lead to an enhanced dispersion of refractoriness and promote the occurrence of pro-arrhythmic TWA as suggested in [17]. Further simulation studies could potentially investigate the influence of abnormalities on the occurrence of alternating behaviours on the ECG.

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