

# Table of Contents

**Volume 6    Number 4**

**November 2016**

**The Personal Sense of Efficacy as an Indicator of Efficiency of Student Teaching of Physical Education and Sports**

A. Guemri, N. Kacem, C. Naffeti, M. Bahloul.....269

**The Relationship between the Motivation for Physical Activity and Life Skills among Chinese and Japanese College Students**

Y. L. Chen, H. Tsuchiya.....283

**A Developmental Research on National Sports Resources in West China Based on PSR Model**

J. Liu, C. X. Wang.....292

**Effects of the Practice of Football in Medium Congolese College on the Development of Speed Quality**

I. O. Jean, A. Y. G. Rock, M. D. Sylvain, M. Alphonse.....300

**Validation of the Arabic Version of the Inventory of Coping Strategies of Competitive Sport (ISCCS)**

J. Hajji, M. Baaziz, S. Mnedla, Z. B. Jannet, A. Elloumi.....312

**Relation between Anterior-Posterior Foot Pressure Ratio and Kindergartens' Barefoot Policy**

S. Matsuda, K. Kasuga, T. Hanai, T. Demura, K. Futabayashi.....328

**Teachers' Perspective on a Health Promotion Intervention in Low Socioeconomic Status Kindergartens**

M. Pantanowitz, A. Eliakim, N. Igarria, D. Geva, D. Nemet.....336

**Body Mass Index: A Comparison of Male Saudi Students to Americans of the Same Age**

M. B. Brahim, R. Bougatfa, O. Abukhaizaran, P. Moore, W. D. Kim.....344

**Boxing Performance of Most Boxers Is Directed by Their Ectomorphy Ratings towards Lowest Percentages of Victories and Highest Percentages of Losses**

A. M. N. Tshibangu.....351

**Effect of an Integrated Resistance Program Based Weightlifting Exercises on Improving Physical Performance of Young Table Tennis Elite's Tennis Players**

K. Sofiene, S. Hermassi, K. Safa, P. Passelergue.....364

**Physical Activity, Screen Time and Sleep among Youth Participating and Non-Participating in Organized Sports—The Finnish Health Promoting Sports Club (FHPSC) Study**

K. Mäkelä, S. Kokko, L. Kannas, J. Villberg, T. Vasankari, J. O. Heinonen,  
K. Savonen, L. Alanko, R. Korpelainen, H. Selänne, J. Parkkari.....378

**Effect of Personality on the Number of Feedback Requests When Learning a Golf-Putting Task**

T. Ishikura.....389

**Effects of the Rainy Ambiance on Weight Change, Haemodynamic and Thermoregulatory Adaptations in Congolese Football Players**

M. J. G. André, M. Alphonse, P. L. Christophe, M. J. Didier, P. T. Bernard.....396

**Verbal Aggressiveness and Affective Learning in Physical Education**

A. Bekiari, T. Tsaggopoulou.....406