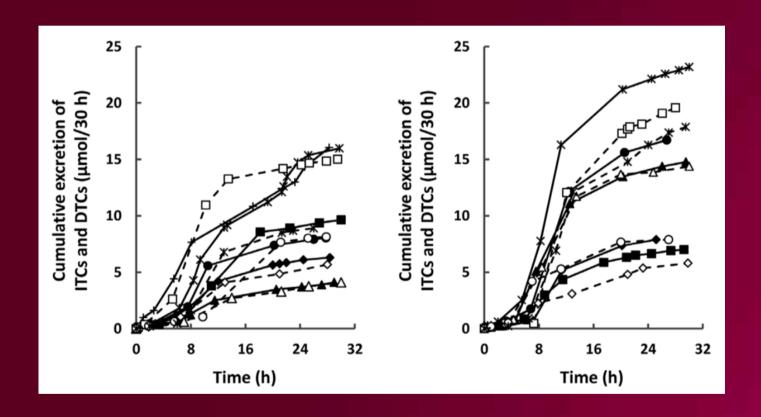


# **Food and Nutrition Sciences**





# **Journal Editorial Board**

ISSN Print: 2157-944X ISSN Online: 2157-9458

http://www.scirp.org/journal/fns

.....

# **Editor-in-Chief**

Prof. Alessandra Bordoni University of Bologna, Italy

# **Associate Editors-in-Chief**

Prof. Xufeng HuangUniversity of Wollongong, AustraliaProf. Michael G. KontominasUniversity of Ioannina, Greece

## **Editorial Board**

Dr. Kayanush J. AryanaLouisiana State University, USADr. Lauri O. ByerleyLouisiana State University, USADr. Daniel CozzolinoThe University of Adelaide, AustraliaProf. Kelvin J. A. DaviesUniversity of Southern California, USA

Prof. Asim K. Duttaroy University of Oslo, Norway

Dr. Anthony Fardet Institute National de la Recherche Agronomique (INRA), France

Prof. Tomas GirbesUniversity of Valladolid, SpainDr. Beau K. GreerSacred Heart University, USADr. Jeffrey S. HamplArizona State University, USAProf. Yong HeZhejiang University, ChinaDr. Kimberly B. HeidalEast Carolina University, USA

Prof. Yu HuangChinese University of Hong Kong, ChinaProf. Federico InfascelliUniversity of Naples Federico II, Italy

Dr. Jagat R. KanwarDeakin University, AustraliaDr. Dalia El KhouryMead Johnson Nutrition, CanadaProf. Patricia A. KrukUniversity of South Florida, USADr. Jean-Claude LavoieUniversity of Montreal, CanadaDr. Josef Friedhelm MarxUniversity of Bonn, Germany

**Dr. Francisco Javier Moreno** Autonomous University of Madrid, Spain

Prof. Hasan MukhtarUniversity of Wisconsin, USADr. Maurice O'SullivanUniversity College Cork, IrelandDr. Mustafa Zafer OzelThe University of York, UK

Dr. Uma Devi Palanisamy Monash University Sunway Campus, Australia

**Prof. Young W. Park** Fort Valley State University, USA

**Dr. Salina Parveen**University of Maryland Eastern Shore, USA

Dr. Reza PoureslamiInsta-Pro International, USADr. Jayadev RajuHealth Canada, CanadaProf. Sherif SabryMenoufia University, EgyptProf. Charles R. SanterrePurdue University, USADr. Mykola ShynkarykThe Ohio State University, USADr. Heidi J. SilverVanderbilt University, USA

Prof. Jesus Simal-Gandara
University of Vigo, Spain
Prof. Linda G. Snetselaar
The University of Iowa, USA
Dr. Lucy Thairu
Touro University, USA

**Dr. Brijesh Kumar Tiwari** Manchester Metropolitan University, UK

Prof. Alan C. Tsai Asia University, Chinese Taipei
Dr. Thomas T. Y. Wang Johns Hopkins University, USA

Dr. Ali Abas WaniTechnical University of Munich, GermanyDr. Jack Wing Tak WongStanford University School of Medicine, USA



# **Table of Contents**

Volume 6	Number 17	December 2015
•	Consumption of <i>Lactobac</i> eduction in Hypercholeste	
•		. Tavella, V. Fasano, D. Vicentin, aldez, A. M. Varea, J. M. Tavella, H. F. González1583
Functional Pro	perties of Teff and Oat Co	mposites
G. E. Inglett,	D. Chen, S. X. Liu	1591
	he Sulforaphane Precurso oprotective Enzymes in Ho	r Glucoraphanin as a Dietary Supplement umans
Y. Ushida, H.	. Suganuma, A. Yanaka	
Creating Bene	fits from Omega-3 Function	onal Foods and Nutraceuticals
C. Clark, B.	Lands	1613
		Improve Strength but Only Creatine HCl in Recreational Weightlifters
• .		antana, D. Madureira, L. Y. Rocha, gues, É. C. Caperuto1624

# Food and Nutrition Sciences (FNS)

# **Journal Information**

# **SUBSCRIPTIONS**

The *Food and Nutrition Sciences* (Online at Scientific Research Publishing, <a href="www.SciRP.org">www.SciRP.org</a>) is published monthly by Scientific Research Publishing, Inc., USA.

#### **Subscription rates:**

Print: \$89 per copy.

To subscribe, please contact Journals Subscriptions Department, E-mail: <a href="mailto:sub@scirp.org">sub@scirp.org</a>

#### **SERVICES**

#### Advertisements

Advertisement Sales Department, E-mail: service@scirp.org

#### Reprints (minimum quantity 100 copies)

Reprints Co-ordinator, Scientific Research Publishing, Inc., USA.

E-mail: sub@scirp.org

#### **COPYRIGHT**

### COPYRIGHT AND REUSE RIGHTS FOR THE FRONT MATTER OF THE JOURNAL:

Copyright © 2015 by Scientific Research Publishing Inc.

This work is licensed under the Creative Commons Attribution International License (CC BY). http://creativecommons.org/licenses/by/4.0/

#### COPYRIGHT FOR INDIVIDUAL PAPERS OF THE JOURNAL:

Copyright © 2015 by author(s) and Scientific Research Publishing Inc.

#### REUSE RIGHTS FOR INDIVIDUAL PAPERS:

Note: At SCIRP authors can choose between CC BY and CC BY-NC. Please consult each paper for its reuse rights.

# DISCLAIMER OF LIABILITY

Statements and opinions expressed in the articles and communications are those of the individual contributors and not the statements and opinion of Scientific Research Publishing, Inc. We assume no responsibility or liability for any damage or injury to persons or property arising out of the use of any materials, instructions, methods or ideas contained herein. We expressly disclaim any implied warranties of merchantability or fitness for a particular purpose. If expert assistance is required, the services of a competent professional person should be sought.

#### PRODUCTION INFORMATION

For manuscripts that have been accepted for publication, please contact:

E-mail: fns@scirp.org