

A Review: Interactions of Equine Herpesvirus-1 with Immune System and Equine Lymphocyte

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Abstract

Equine herpesvirus-1 (EHV-1) remains one of the most common viral pathogens affecting horses worldwide presenting as a persistent infection which can establish latency in nerve ganglia (trigeminal ganglion), lymphoid tissues of the respiratory tract and peripheral blood lymphocytes. EHV-1 infection induces both humoral and cellular immune responses in horses. Virus neutralising antibody, particularly in the nasopharynx, is to kill free virus shed from infected epithelial cells. Hence this antibody has important functions in reducing virus shedding and spreading infection to cohorts. Cellular immune responses, particularly those carried out by cytotoxic T lymphocyte (CTL), have been shown to be effective in killing virus-infected cells *in vitro.* **This review underlines the state of knowledge regarding immunity to EHV-1 and also its interaction with equine lymphocyte. Finally, the review also includes the importance of the viral immediate early (IE) protein in the pathogenesis of EHV-1. This information can be used as the basis for future research.**

Keywords

Equine Herpesvirus-1 (EHV-1), Lymphocyte, Cytotoxic T Lymphocyte (CTL), Immune Response, Peripheral Blood Mononuclear cell (PBMC)

1. Introduction

Virus infections are the most common human disease, particularly acute respiratory infections. In horses, viral respiratory infections are also common and the most notable viral pathogens are equine herpesvirus-1 (EHV-1), equine herpesvirus-4 (EHV-4), equine influenza virus (EIV) and equine arteritis virus (EAV) $[1]$ $[2]$.

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EHV-1 is a ubiquitous pathogen of all breeds of horses and other equids worldwide. It can cause respiratory and neurological disease as well as abortion in pregnant mares and it remains responsible for major economic and welfare problems. Studies of virus-specific immune responses have played essential roles in the development of diagnostic techniques and the evaluation of new strategies for vaccination. Both humoral and cellular immune responses are important in protection and recovery from EHV-1 infection and the relative importance of these responses has been the subject of much investigation. For example, although virus neutralising (VN) antibody specific for EHV-1 in serum can be associated with a reduction in the amount and duration of virus shed, there are no significant effects on cell-associated viraemia [\[3\],](#page-6-2) although a previous paper [\[4\]](#page-7-0) indicated that VN antibody stimulated by vaccination did reduce the cell-associated viraemia but the mechanism is unknown. The perceived failure of VN antibody to affect the cell-associated viraemia is because most viruses become intracellular soon after landing on the respiratory mucosal surface and killing of cell associated virus is the major function of cytotoxic T lymphocytes (CTL[\) \[5\]](#page-7-1)[-\[8\].](#page-7-2)

Current commercial vaccines that contain inactivated virus give only partial clinical and virological protection against respiratory infections with EHV-1 because they do not stimulate CTLs and therefore do not control the cell-associated viraemia which disseminates virus from the respiratory tract [\[9\].](#page-7-3) CTLs are stimulated after both experimental and natural infection with EHV-1 $[5]$ [\[9\]](#page-7-3) and it has been shown that CTL precursor (CTLp) frequency is the major correlate of immunity to this virus $[7]$ $[8]$. The product of the EHV-1 immediate early (IE) gene 64 (**[Figure 1](#page-1-0)**) has been shown to be a target for EHV-1 specific CTL restricted by the B2 allele on the equine leukocyte antigen A3 (ELA-A3) haplotype [\[9\]](#page-7-3) [\[10\].](#page-7-5)

2. Pathogenesis of EHV-1

EHV-1 infections in horses may become established because of exposure to infectious virus by the respiratory route or by reactivation (recrudescence) of latent virus elsewhere in the body [\[11\].](#page-7-6) New infections are acquired by inhalation of infectious aerosols or contact with infectious secretions. After inhalation, viral replication occurs in the epithelia of the upper respiratory tract, including turbinates, pharynx, soft palate and tracheal epithelium [\[12\].](#page-7-7) The virus penetrates the epithelial barrier and by infecting a wide range of cell types, including immune cells, moves into deeper tissues of the respiratory tract and into the draining lymph nodes via lymphatic drainage (**[Figure 2](#page-2-0)**). Subsequently, a second stage of viral replication occurs in which EHV-1 replication can be demonstrated in lymph nodes by the isolation of infectious virus and the presence of viral antigen in mononuclear cells of the retropharyngeal and submandibular lymph nodes from 12 hours post infection [\[13\]](#page-7-8) [\[14\].](#page-7-9)

From 4 to 6 days post infection, the infected lymphocytes migrate from lymph nodes into the blood, resulting in a cell-associated viraemia and then EHV-1 is carried by infected peripheral blood mononuclear cells (PBMC) and spreads throughout the body. By this method, the cell associated virus may disseminate to internal organs such as the uterus and nervous system (**[Figure 2](#page-2-0)**) [\[15\].](#page-7-10) In the uterus, infected lymphocytes adhere to the endothelial cells in small blood vessels supplying the placenta. This endothelial cell infection initiates the formation of protein clots, leading to thrombosis and vascular damage [\[16\]](#page-7-11) [\[17\].](#page-7-12) Inflammation of blood vessels (vasculitis) develops, leading to damage of the placenta and thus the virus spreads to the fetus and consequently results in the abortion (**[Figure 2](#page-2-0)**) [\[18\]](#page-7-13) [\[19\].](#page-7-14) It is suggested that the uterine pathology and/or fetal distress initiates a physiological cascade, resulting in the separation of the placenta from the endometrium [\[9\]](#page-7-3) [\[20\].](#page-7-15) In the early 1990s,

Figure 1. Schematic representation of the EHV-1 immediate early gene.

Figure 2. Schematic diagram of EHV-1 pathogenesis.

some studies reported that viral replication and vascular damage were more prevalent in the late pregnant uterus [\[17\]](#page-7-12) than in the early pregnant uteru[s \[21\].](#page-7-16) The causes of these differences in the early and late pregnancy are still unclear.

Neurological disease is a consequence of EHV-1 infected PBMC reaching the nervous system and causing infection of vascular endothelia of small arterioles and venules (**[Figure 2](#page-2-0)**). Immune complexes may play a key role in this pathogenesis as some studies observed that recovery of virus from the central nervous system frequently failed [\[22\]](#page-7-17) [\[23\].](#page-7-18) Edington *et al*. [\[24\]](#page-8-0) provided evidence that EHV-1 can infect endothelial cells of the blood vessels of the nervous system and that this results in vasculitis, leading to thrombosis, hypoxia and secondary ischaemic damage, which compromises the blood supply to neurones and results subsequently in nervous system disorders (**[Figure 2](#page-2-0)**) [\[15\].](#page-7-10)

As with other *alpaherpesvirinae*, EHV-1 establishes latent infection and persists in its host, following a primary infection. During latency, the expression of the EHV-1 genome is repressed and only a viral RNA transcribed from the IE gene occurs giving rise to a latency-associated transcript (LAT). However the precise function of LAT is not well understood and no infectious virus is produced [\[25\].](#page-8-1) The locations of EHV-1 latency were identified as the trigeminal ganglio[n \[26\]](#page-8-2) [\[27\],](#page-8-3) in lymphoid tissue draining the respiratory tract [\[26\]](#page-8-2) [\[28\]](#page-8-4) [\[29\]](#page-8-5) and in peripheral blood leukocytes [\[28\]](#page-8-4)[-\[30\].](#page-8-6) Smith *et al.* [\[30\]](#page-8-6) reported that CD5⁺/CD8⁺ T lymphocytes were the predominant site of EHV-1 latency in peripheral blood leukocytes. In 2000, one study demonstrated that alveolar macrophages were also a site of latency by detecting the latent transforming growth factor *β* in alveolar macrophages [\[31\].](#page-8-7)

3. Interaction of EHV-1 with the Immune System

Attempts to identify immune responses which correlate with protective immunity against re-infection have been made, so that they can be stimulated by vaccination. However they have proved difficult to identify. Generally, herpesvirus infection, particularly EHV-1 infection involves a local immune response at the primary site of replication as well as a systemic immune response which consists of antibody, cytokine and cellular components.

3.1. Antibody Responses

In the past, serological assays were developed in order to measure serum antibodies with VN and complement fixing (CF) activity *in vitro* [\[32\]](#page-8-8) [\[33\].](#page-8-9) These diagnostic techniques demonstrated VN, which is also called serum neutralising (SN) and CF antibodies appear in the sera of infected horses and are demonstrable from two weeks after experimental EHV-1 infection, up to 1 year or less than 3 months respectively [\[33\]](#page-8-9) [\[34\].](#page-8-10) VN antibodies are largely type specific for a foal immunised with an inactivated EHV-1 vaccine, however there was cross reactivity after immunisation with inactivated EHV-4 [\[35\].](#page-8-11) VN antibodies are directed primarily against epitopes on glycoproteins gB and gC as recognised by the immune system of horses infected or vaccinated with EHV-1 [\[34\].](#page-8-10) In contrast to the VN antibodies, CF antibodies are usually undetectable by 3 months after infection. The epitopes recognised by CF antibodies are cross reactive with EHV-1 and EHV-4 proteins, resulting in an inaccurate diagnosis using CF antibodies alon[e \[36\].](#page-8-12)

Previously, EHV-1 antibody in serum samples was tested by several methods; a serum neutralisation (SN) which is equivalent to a VN test, a CF test and the EHV-1 gG specific enzyme-linked immunosorbent assay (ELISA). The antibody titres increased in animals experimentally infected with EHV-1 on day 14 post-infection [\[4\]](#page-7-0) [\[37\].](#page-8-13) Sera samples were previously assessed using EHV-1 gG specific ELISA, detecting antibodies against both EHV-1 and EHV-4 in Crabb *et al*. [\[38\].](#page-8-14) ELISA was also performed to detect EHV-1 specific IgG isotype and IgA antibodies in serum and nasal secretions [\[39\].](#page-8-15) The SN test can detect high SN titres following infection or vaccination within 3 months [\[40\]](#page-8-16) and for up to 1 year after infection [\[34\].](#page-8-10) Goehring *et al*. [\[4\]](#page-7-0) also found that the SN test could cross-react with the EHV-4 strain which is similar to the CF assay, therefore the results may vary. In the horse, there are five IgG subclasses; IgGa, IgGb, IgGc, IgG (T) and IgG (B), the latter is an aggregating immunoglobulin; and these have been investigated using mAbs specific to IgG subisotypes [\[41\]](#page-8-17) [\[42\].](#page-8-18) In 2004, the horse Ig heavy chain constant region (IGHC) genes which encoded one IgD, one IgM, one IgA, one IgE and seven IgG isotypes were described. All seven genes of IgG heavy chain constant in horses were expressed *in vivo* [\[43\].](#page-8-19) In addition, it described the gene encoding equine IgD [\[43\].](#page-8-19) This molecular analysis resulted in new nomenclature of the equine immunoglobulins; equine IGHD and IGHG7 genes. The antibody isotypes produced as a result of infection with EHV-1 have been characterised. Many nasal secretions contain antibodies primarily of the EHV-1 specific IgA type, while IgGa and IgGb were the main isotype responses in serum [\[39\]](#page-8-15) [\[44\]](#page-9-0) [\[45\].](#page-9-1) Breathnach *et al*. [\[44\]](#page-9-0) analysed EHV-1 specific antibody responses by monitoring equine IgGa, IgGb, IgG (T) IgA and IgM in nasal wash samples from weanling foals after primary and subsequent experimental infections with a virulent EHV-1 using an ELISA. IgA was the major antibody isotype detected throughout the sampling period for 13 weeks in nasal mucosa. The mucosal IgA with VN activity was stimulated after experimental primary EHV-1 infection. The IgA response was short lived after a single infection, but it persists longer with subsequent infections until at least 26 weeks. Other studies have also reported that IgA is the primary antibody isotype at the nasal mucosa for protection of horses against several upper respiratory tract pathogens such as *Streptococcus equi* [\[46\],](#page-9-2) EI[V \[47\]](#page-9-3) [\[48\].](#page-9-4)

Comparing the SN titres with kinetic ELISA IgG subclass anti-EHV-1 antibody responses, the IgGa and IgGb responses showed similar results and IgGb isotype responses appeared to associate well with the pattern of SN responses [\[37\]](#page-8-13) [\[39\].](#page-8-15) Although the role of equine IgGc isotype has not been described yet, this isotype response was also measured but it was negligible between infection groups in the kinetic ELISA. It was remarkable that there was a pre-existing IgG (T) response in all experimental horses although SN titers had gradually declined at this time point, indicating IgG (T) response is unlikely to be associated with humoral immunity to EHV-1 [\[37\].](#page-8-13) A study by Goodman *et al*. [\[49\]](#page-9-5) demonstrated that the IgGb/IgG (T) ratio may be able to protect against EHV-1 infection as the IgGb responses was high in horses administered an inactivated virus vaccine and the horses were partially protected from neurological disease, viral shedding and clinical signs.

3.2. Cytokine Responses

Numerous studies have described cytokine responses to EHV-1 infection by screening for the presence of cyto-

kines' nucleic acid or protein, for example interferon gamma (IFN*γ*), interferon alpha (IFN*α*), interleukin-4 (IL-4), interleukin-10 (IL-10), tumor necrosis factor (TNF-*α*) [\[37\]](#page-8-13) [\[50\]](#page-9-6)[-\[53\].](#page-9-7) Interferons were detected in nasal secretions and serum during the first 10 days after experimental EHV-1 infection of ponies [\[54\].](#page-9-8) IFN type I which consists of IFN α and IFN β was detected in the upper respiratory tract. In other species, both these IFNs are very important for protection against viral infection by increasing the synthesis of major histocompatibility complex (MHC) class I molecules in the infected cells, thus making them more susceptible to killing by CDS^+ CTLs [\[55\]](#page-9-9)[-\[58\].](#page-9-10) Apart from type I IFNs, a single type II IF N called IFN*γ* has an important role in the adaptive immune response to intracellular pathogens. A study demonstrated that a monoclonal antibody (mAb) cross reacts with equine IFN*γ* produced by PBMC [\[51\].](#page-9-11) This equine IFN*γ* marker, mouse anti bovine IFN*γ* mAb (clone CC302, IgG1 isotype) detects expression of this protein in PBMC following the flow cytometric analysis [\[51\]](#page-9-11) [\[59\].](#page-9-12) Another study also used the same mAb to measure antigen-specific IFN*γ* synthesis by equine lymphocytes in order to compare post EHV-1 infection PBMC samples to pre-infection samples [\[60\].](#page-9-13) EHV-1 stimulated PBMC collected 10 days post-infection induced a higher percentage of CD4⁺ and CD8⁺ IFN_{*γ*}⁺ T lymphocyte subsets, suggesting that it may contribute to protective immunity to EHV-1 [\[60\].](#page-9-13) The percentage of $IFN\gamma^+$ cells following *in vitro* stimulation with EHV-1 was undetectable in foals, but increased with age [\[51\]](#page-9-11) or after vaccination with a vaccinia-virus construct coding for the EHV-1 gene 64 [\[61\].](#page-9-14) This increase in antigen specific T cells may indicate that EHV-1 specific memory cells can be boosted after subsequent challenge infection or vaccination with appropriate antigens. Another study also reported that ponies repeatedly infected with EHV-1 showed IFN*γ* responses to EHV-1 [\[52\].](#page-9-15) The frequency of EHV-1 specific cells was also investigated in a large population of Thoroughbred horses and the results demonstrated higher numbers of IFN_{*γ*}⁺ cells in older horses; among 2 year olds and vaccinated horse[s \[62\].](#page-10-0) After *in vitro* EHV-1 stimulation, the IFN γ^+ cells were phenotyped and predominantly associated with $CD8^+$ cell[s \[50\]](#page-9-6) [\[51\].](#page-9-11) These studies also compared the frequency of cytotoxic T lymphocyte precursors (CTLp) with the number of CD8⁺/IFN_{*γ*⁺} lymphocytes and showed a similar pattern. CTLp are the precursors of CTL found in peripheral blood which develop effector cytotoxic activity *in vitro* following incubation of PBMC with EHV-1 for approximately 7 days. Therefore, the IFN*γ* synthesis by CD8+ cells may be used as an alternative indirect measure for CTL activity against EHV-1.

MAbs that specifically detect equine IL-4, IL-10 and IFN_{*γ*} have been generated and tested in ELISA and intracellular staining to measure these important cytokines [\[53\]](#page-9-7) [\[63\]](#page-10-1) [\[64\].](#page-10-2) The first multiplex assay for equine cytokines has also been developed to allow simultaneous analysis of IL-4, IL-10 and IFN-*α* in horses [\[65\].](#page-10-3) The measurement of cytokine mRNA in conjunction with polymerase chain reaction (PCR) has also been widely performed to illustrate the stimulation of immune response after infection or vaccination against viruses such as EIV [\[66\]](#page-10-4)[-\[68\],](#page-10-5) equine infectious anaemia virus (EIAV) [\[69\]](#page-10-6) [\[70\]](#page-10-7) or *Rhodococcus equi* [\[71\].](#page-10-8) In EHV-1, the upregulation of mRNA expression of IFN*γ*, IL-2, IL-4, IL-8, IL-10 has been shown in horses after experimental infection or vaccination against EHV-1 [\[37\]](#page-8-13) [\[52\]](#page-9-15) [\[72\]](#page-10-9) [\[73\].](#page-10-10)

3.3. Cellular Immune Responses

The cellular immune response is effective in controlling intracellular EHV-1 and consequently to reduce or eliminate the cell-associated viraemia [\[74\].](#page-10-11) Several techniques can be performed to assess the cellular immune responses including measurement of antigen-specific T cell proliferation, detection of CTL activity, cytokine mRNA expression and EHV-1 specific IFN*γ* synthesis.

Proliferation of lymphocytes is commonly used as an indicator of immune status because proliferation usually precedes the development of effector functions. Previous studies examined the immune response to primary EHV-1 infection by incubating lymphocytes from infected horses with EHV-1 antigens (virus-specific lymphocyte response) [\[75\]-](#page-10-12)[\[77\]](#page-10-13) or with phytohemagglutinin (PHA), a lectin which stimulates a non-specific lympho-cyte response [\[75\]](#page-10-12) [\[76\]](#page-10-14) [\[78\]](#page-10-15) and by subsequent determination of the uptake of methyl tritiated thymidine ($[^3H]$ thymidine). Generally, these studies showed the proliferation of lymphocytes from reputedly primary infected horses towards EHV-1 antigens, suggesting previous, undetected exposure. Following the PHA response, Dutta *et al*. [\[75\]](#page-10-12) and Bumgardner *et al*. [\[78\]](#page-10-15) reported an increase of non-specific lymphocyte proliferation, but several other studies described a suppression of the non-specific lymphocyte proliferation [\[76\]](#page-10-14) [\[79\]](#page-10-16) [\[80\].](#page-10-17) To date, there is no study reported on the response of CTL effectors following a primary EHV-1 infection.

The CTL response is an essential part of the immune defence against many virus infections including EHV-1. EHV-1 becomes intracellular in lymph nodes within hours of contact with host cells, suggesting the importance of the cell mediated immune response to EHV-1 *in vivo* [\[12\]](#page-7-7) [\[14\].](#page-7-9) After infection, CD8⁺ T lymphocytes increase in the blood and lung [\[81\]](#page-11-0) [\[82\].](#page-11-1) However, studies of cellular immune response to EHV-1 in infection-immune horses have advanced by focussing on the role of CTL in the clearance of viraemic lymphocytes [\[83\].](#page-11-2) In Allen *et al.* [\[5\],](#page-7-1) PBMC were collected from infected immune horses, cultured and restimulated with live, cell-free EHV-1 *in vitro* for CTLp stimulation. This study demonstrated EHV-1 specific CTLp as early as 1 week post infection with the highest level after 2 to 3 weeks. $CD8^+$ T lymphocytes were also detected as the predominant lymphocyte population involving cytotoxic activity and restricted by MHC class I molecules. With regard to the local cell-mediated immune response, Breathnach *et al*. [\[44\]](#page-9-0) analysed the response of CTLp and CTL effectors as well as the EHV-1-specific lymphoproliferative response indicative for Th cell activity from the nasal-associated lymphoid tissue and local draining lymph nodes nodes at 1 week post inoculation. They found the CTLp and CTL effectors were elicited *ex vivo* in all horses following EHV-1 inoculation, which suggested that EHV-1 infection can establish virus-specific memory CTL.

The frequency of CTLp was quantified by limiting dilution analysis (LDA) in PBMC of ponies before and after infection with EHV-1 [\[84\].](#page-11-3) The results showed that ponies with high numbers of CTLp were protected clinically and virologically against infection with EHV-1 whereas animals with low CTLp numbers were susceptible to infection [\[84\].](#page-11-3) When CTLp or memory CTLs are established by vaccination or prior to EHV-1 infection, they can differentiate and mature into CTL effectors which in turn will eliminate the infected target cells on re-infection. Instead of live, cell-free EHV-1 that was used in Allen *et al.* [\[5\],](#page-7-1) Siedek *et al.* [\[85\]](#page-11-4) used EHV-1 infected dendritic cells to restimulate PBMC *in vitro*. Following this stimulation, cytotoxic activity of EHV-1 specific CTLp was restimulated by equine dendritic cells which act as antigen presenting cells *in vivo*, suggesting that EHV-1 can infect dendritic cells *in vitro.*

Some studies using lymphocytes from animals infected experimentally with virulent strains of EHV-1 demonstrated a long-term suppression of the proliferation of lymphocytes to mitogen and viral antigen for periods varying between 2 and 10 weeks [\[79\]](#page-10-16) [\[86\].](#page-11-5) The suppressive factor was associated with the increased levels of circulating activated transforming growth factor-*β* and inhibited T cell response to PHA [\[79\].](#page-10-16) Hannant *et al*. [\[76\]](#page-10-14) also described a decrease of the non-specific lymphocyte proliferation following the PHA response which was associated with cells, not serum. It was suggested that the immunosuppression may be due to the viral replication within the lymphocytes which interferes with the cells' ability to enter mitogenesi[s \[87\].](#page-11-6)

Identification of EHV-1 proteins which contain ELA-A restricted CTL epitopes is important as they may be included in recombinant or DNA vaccines [\[10\].](#page-7-5) In this study, PBMC were collected from ponies which had been primed to EHV-1 by previous infection. PBMC were then incubated for 1 week with equine dendritic cells transfected with individual EHV-1 plasmids encoding individual EHV-1 proteins, in order to stimulate autologous CTLp populations. Cytotoxicity was measured against EHV-1-infected PWM lymphoblast targets. This demonstrated that the IE protein elicited CTL responses [\[10\]](#page-7-5) and later studies demonstrated that presentation of the IE protein's epitopes was restricted by the B2 allele of the ELA-A3 haplotype [\[9\].](#page-7-3) Although cytotoxicity assays are very useful for the measurement of CTL activity and frequency during the recovery phase of EHV-1 infection, they are time consuming and demanding. As an alternative, IFN*γ* synthesis detected by intracellular IFN*γ* staining in PBMC or enzyme-linked immunosorbent spot (ELISPOT) has been used as a measure of lymphocyte activation [\[51\].](#page-9-11)

4. Interaction of EHV-1 with the Peripheral Blood Mononuclear Cells (PBMC)

The majority of studies have focused on the role of PBMC in EHV-1 viraemia which transmits the infectious virus from the primary site of infection to the vasculature of susceptible tissues. Some studies have reported which PBMC subpopulations are infected. An *in vivo* study was first performed in 1983 to identify infected PBMC by using PBMC from EHV-1 inoculated pony foals. The sub-populations of T and B lymphocytes and monocytes were separated to detect and quantify the presence of virus within these cells. Infected PBMC were detected at day 2 to 14, whereas the number of infected cells was maximal on day 4 post inoculation. The T lymphocyte population was identified as the most predominant cell type infected with EHV-1 during viraemia [\[88\].](#page-11-7) Furthermore, this study also suggested that pokeweed mitogen (PWM) can promote virus replication in PBMC as the virus was detected in a 10-high fold higher number of PWM stimulated cells. A similar study used *in vitro* infection of PBMC [\[89\]](#page-11-8) with similar results. Subsequent *in vitro* work by Van der Meulen *et al*. [\[90\]](#page-11-9) discovered EHV-1 replication in the resting monocytes after *in vitro* infection of PBMC as well as in T lymphocyte from mitogen stimulated PBMC. In an *in vitro* study, Gryspeerdt *et al.* [\[91\]](#page-11-10) used two EHV-1 strains;

neurovirulent and non-neurovirulent to inoculate ponies intranasally. Interestingly, both strains infected cells of the monocyte lineage $(CD172\alpha^+)$ rather than of T lymphocyte $(CD5^+)$ in the mandibular lymph node and PBMC. In addition, Goodman *et al*. [\[92\]](#page-11-11) also looked at the infected cells of all PBMC subpopulations *in vitro* using EHV-1 green fluorescent protein virus and reported that monocyte was the predominant infected cells. Another previous study demonstrated for the first time that EHV-1 is detectable in all PBMC subpopulations *in vivo* with CD8⁺ lymphocytes and B lymphocytes the most frequently infected subpopulations [\[93\].](#page-11-12)

5. Immunomodulatory Properties of EHV-1

During evolution, like other herpesviruses, EHV-1 has developed immune evasion mechanisms to avoid host immunity [\[94\]](#page-11-13)[-\[98\].](#page-11-14) Numerous *in vitro* findings on EHV-1 immunomodulation have been reported [\[76\]](#page-10-14) [\[79\]](#page-10-16) [\[94\]](#page-11-13) [\[99\]](#page-11-15)[-\[101\].](#page-12-0) However, there are only few studies on the *in vivo* EHV-1 immune evasion mechanism [\[92\]](#page-11-11) [\[97\]](#page-11-16) [\[102\]](#page-12-1) looking at the clinical outcomes and viraemia. Examples of the evasion methods are as follows. Immunosuppression involving a reduction of *in vitro* PBMC proliferation to mitogens and viral antigens following EHV-1 infection of ponies [\[76\]](#page-10-14) [\[86\],](#page-11-5) avoiding antibody-dependent immune responses by inhibiting cell surface expression of viral antigens [\[103\],](#page-12-2) inducing down-regulation of MHC class I expression on infected cells [\[101\]](#page-12-0) and inhibiting transporter associated with antigen processing (TAP) protein and blocking viral peptide transport to MHC class I molecules in the endoplasmic reticulum [\[94\].](#page-11-13)

6. EHV-1 Prospects

Adaptive immune responses to EHV-1 have been widely studied [\[37\]](#page-8-13) [\[44\]](#page-9-0) [\[76\]](#page-10-14) [\[83\]](#page-11-2) [\[104\]-](#page-12-3)[\[107\].](#page-12-4) EHV-1 promotes both humoral and cellular immune responses. VN antibodies appear approximately 2 weeks after EHV-1 infection [\[3\]](#page-6-2) and function to reduce the amount and duration of nasopharyngeal virus shedding [\[3\]](#page-6-2) [\[106\],](#page-12-5) however, they do not play a major role in reducing cell-associated viraemia. However, one study indicates that a commercial vaccine which contains inactivated virus and thus stimulates VN antibody was successful in reduc-ing the viraemia [\[4\].](#page-7-0) Cellular immune responses, particularly MHC class I restricted $CDS⁺ CTLs$ are most crucial in protection against EHV-1 infection [\[7\]-](#page-7-4)[\[9\]](#page-7-3) [\[84\]](#page-11-3) and it has been reported that the number of circulating CTLp offers an immunological correlate of protection from infection and recovery [\[7\]](#page-7-4) [\[8\]](#page-7-2) [\[84\].](#page-11-3) Consequently, rational design of new EHV-1 vaccines has focused on products with the best potential for stimulation of CTL responses and MLV which have been reported to perform the bes[t \[107\].](#page-12-4)

Previous studies have demonstrated that the EHV-1 viral gene 64 (IE gene) acts as a target for effector CTL within the equine ELA-A3 MHC class I haplotype B2 allele [\[9\]](#page-7-3) [\[10\].](#page-7-5) This information has proved crucial to understanding the development of cell mediated immunity specific for EHV-1. Taken together, these published research findings emphasise the importance of defining the EHV-1 target peptides in the IE protein encoded by gene 64 that may function as stimulators and targets for CTL restricted by the B2 allele, expressed on the ELA-A3 genotype. The identification of target peptide is a logical step towards the development of new vaccines and offers great potential for construction of MHC class I virus peptide tetramers and the establishment of CTL lines and clones. These reagents will enable further understanding of the mechanisms which underlie the cellular immune response to EHV-1 *in vivo* and *in vitro.*

7. Conclusion

All findings mentioned in the review highlighted the importance of the viral IE protein in the pathogenesis of EHV-1 and as a target for effective immunity. This is the only identified CTL target protein for EHV-1. Further, this knowledge provides a potential basis for the future study which is to determine the dominant peptide(s) of the IE protein which is recognised by the immune system.

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Abbreviations

 $CF = Complement fixing$ $CTL = Cvtotoxic T$ lymphocyte CTL = Cytotoxic T lymphocyte $CTLp = CTL$ precursor $(CTLp)$ $EAV = Equine$ arteritis virus $EHV-1 =$ Equine herpesvirus-1 EIAV = Equine infectious anaemia virus EIV = Equine influenza virus ELA-A3 = Equine leukocyte antigen A3 ELISA = Enzyme-linked immunosorbent assay ELISPOT = Enzyme-linked immunosorbent spot gB, gC, gD, gE, gG, gH, gI, gK, gL, gM, gN = Glycoproteins (g) IE protein = Immediate early protein IFN-*γ*, -*α*, -*β* = Interferon-*γ*, -*α*, -*β* Ig = Immunoglobulin $IgG(B)$, IgA, $IgM = Immunoglobulins$ IGHC = Immunoglobulin heavy chain constant region IL- = Interleukins LAT = Latency-associated transcript LDA = Limiting dilution analysis LDA = Limiting dilution analysis $mAb = Monoclonal$ antibody MHC-I and $-II = Major histocompatibility complex-I and -II$ PBMC = Peripheral blood mononuclear cell PCR = Polymerase chain reaction PHA = Phytohemagglutinin PWM = Pokeweed mitogen $SN =$ Serum neutralising $TAP = Transporter associated with antigen processing$ TNF-*α* = Tumor necrosis factor-*α*

 $VN = Virus$ neutralising

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