



---

## Special Issue on Psychotherapy

### Call for Papers

**Psychotherapy** is a general term that is used to describe the process of treating psychological disorders and mental distress. It is a process focused on helping individual heals and learns more constructive ways to deal with the problems or issues within his/her life. It can also be a supportive process when going through a difficult period or under increased stress. Psychotherapy aims to increase the individual's sense of his/her own well-being.

While many psychotherapists do use this classic type of talk therapy, there are actually a wide variety of techniques and practices used in psychotherapy. Some of the major approaches to psychotherapy include: psychoanalytic, cognitive-behavioral, humanistic and so on. Psychotherapists employ a range of techniques based on experiential relationship building, dialogue, communication and behavior change.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **psychotherapy**. The topics to be covered by this special issue include, but are not limited to:

- Gestalt therapy
- Cognitive-behavioral psychotherapy
- Dialectical behavior therapy
- Interpersonal therapy
- Psychodynamic therapy
- Family therapy
- Group therapy

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue - Psychotherapy**” should be chosen during your submission.

According to the following timetable:



---

Manuscript Due	April 2nd, 2014
Publication Date	June 2014

**Guest Editor:**

**Dr. Adital Ben-Ari**

University of Haifa, Israel

For further questions or inquiries

Please contact Editorial Assistant at

[psych@scip.org](mailto:psych@scip.org)