



Special Issue on Psychology of Self-Control

Call for Papers

Self-control has become a hot topic, both for scientists interested in understanding the roots of human behavior and for practitioners who want to help people live healthier lives. Psychologists have found that self-control is strongly associated with what we label success: higher self-esteem, better interpersonal skills, better emotional responses and, perhaps surprisingly, few drawbacks at even very high levels of self-control. People who have good self-control tend to be both more popular and more successful in many areas of life.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on exploring **psychology of self-control**. Potential topics include, but are not limited to:

- The power of self-control
- Explored ways of improving self-control
- Self-control is strongly associated with success
- The science of self-control
- Techniques to boost your self-control
- Self-affirmation in self-control

Authors should read over the journal's [Authors' Guidelines](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue - Psychology of Self-Control**” should be chosen during your submission.

According to the following timetable:

Manuscript Due	October 30th, 2014
Publication Date	December 2014

Guest Editor:

For further questions or inquiries
Please contact Editorial Assistant at
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