



## Special Issue on Psychotherapy

### Call for Papers

Psychotherapy is a way to treat people with a mental disorder by helping them understand their illness. It teaches people strategies and gives them tools to deal with stress and unhealthy thoughts and behaviors. Psychotherapy helps patients manage their symptoms better and function at their best in everyday life. Sometimes psychotherapy alone may be the best treatment for a person, depending on the illness and its severity. The goal of this special issue is to provide a platform for scientists and academicians all over the world to promote, share, and discuss various new issues and developments in the area of advances in psychotherapy.

In this special issue, we invite front-line researchers and authors to submit original research and review articles that explore **psychotherapy**. In this special issue, potential topics include, but are not limited to:

- Cognitive behavioral therapy
- Dialectical behavior therapy
- Interpersonal therapy
- Family-focused therapy
- Psychodynamic therapy
- Light therapy
- Expressive or creative arts therapy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly specify the “**Special Issue**” under your manuscript title. The research field “**Special Issue – Psychotherapy**” should be selected during your submission.

Special Issue timetable:

Submission Deadline	October 26th, 2016
Publication Date	December 2016

#### Guest Editor:

For further questions or inquiries  
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