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## Special Issue on Stress, Behavior and Mental Health

### Call for Papers

Stress is a physical, mental, or emotional factor that causes bodily or mental tension. Stresses can be external (from the environment, psychological, or social situations) or internal (illness, or from a medical procedure). Management of stress is one of the keys to a happy and successful life in modern society.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Stress, Behavior and Mental Health**. Potential topics include, but are not limited to:

- Posttraumatic stress disorder
- Stress-induced behavior and diseases
- Chronic stress
- Interventions and therapy
- Stress, motivation and work performance
- Occupational stress and management
- Distress tolerance, relaxation and coping strategy
- Stress, mood and cognition
- Personality disorder
- Stress, well-being, Lifestyle and satisfaction
- Childhood trauma and stress
- Substance Abuse and Stress
- Emotional intelligence and emotional expression
- Gender factors and differences
- Social support
- Stress during pregnancy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Stress, Behavior and Mental Health**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	February 13th, 2020
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Publication Date	April 2020
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For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

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