



Special Issue on Psychotherapy Research

Call for Papers

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. Psychotherapy aims to improve an individual's well-being and mental health, to resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social skills. Certain psychotherapies are considered evidence-based for treating some diagnosed mental disorders.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Psychotherapy Research**. Potential topics include, but are not limited to:

- Cognitive therapy
- Cognitive behavioral therapy
- Psychosocial interventions for disorders
- Psychodynamic psychotherapy
- Family therapy
- Group therapy
- Well-being therapy
- Psychotherapy for child
- Counseling and psychology
- Psychotherapeutics and psychoanalysis
- Interventions and mental health promotion

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Psychotherapy Research**” should be chosen during your submission.

According to the following timetable:

Submission Deadline	September 28th, 2020
Publication Date	November 2020



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