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## Special Issue on Psychotherapy Research

### Call for Papers

Psychotherapy is the use of psychological methods, particularly when based on regular personal interaction, to help a person change behavior and overcome problems in desired ways. Psychotherapy aims to improve an individual's well-being and mental health, to resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social skills. Certain psychotherapies are considered evidence-based for treating some diagnosed mental disorders.

In this special issue, we intend to invite front-line researchers and authors to submit original research and review articles on **Psychotherapy Research**. Potential topics include, but are not limited to:

- Cognitive behavioral therapy
- Psychoanalytic psychotherapy
- Psychodynamic techniques
- Clinical psychology and psychotherapy
- Psychosocial interventions
- Family and systemic psychotherapy
- Group therapy
- Interpersonal therapy
- Well-being therapy
- Supportive therapy
- Psychotherapy for children and adolescents
- Psychotherapy and counseling
- Narrative measures in psychotherapy
- Collaboration and communication
- Quantitative and qualitative methods
- Arts in psychotherapy

Authors should read over the journal's [For Authors](#) carefully before submission. Prospective authors should submit an electronic copy of their complete manuscript through the journal's [Paper Submission System](#).

Please kindly notice that the “**Special Issue**” under your manuscript title is supposed to be specified and the research field “**Special Issue – Psychotherapy Research**” should be chosen during your submission.

According to the following timetable:



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Submission Deadline	September 16th, 2022
Publication Date	November 2022

For publishing inquiries, please feel free to contact the Editorial Assistant at [submission.entrance1@scirp.org](mailto:submission.entrance1@scirp.org)

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