



Complete Mattress

# Decontamination Guide

Your Essential Best Practice Guide For Mattress  
Decontamination In Care Homes

## What Are Your Obligations Regarding Mattress Decontamination?

Regulation 12 of **CQC (Care Quality Commission) Key Lines Of Enquiry (KLOE)** – Safe Care and Treatment outlines that providers must make sure equipment being used is safe and that it includes prevention of and controlling the spread of infection.

It is also a recommendation as part of the **PUWER (Provision and Use of Work Equipment Regulations 1998)** that all mattresses undergo a decontamination process at least once a year or more if needed, in order for your organisation to remain compliant.

The **MHRA (Medicines and Healthcare products Regulatory Agency)** recommends that mattresses regularly have their covers removed and are inspected inside to check the surface and the mattress core for staining or contamination.

### What Are The Different Ways Of Decontaminating Mattresses?

There is more than one correct method for decontaminating mattresses. The recommended method varies depending on the perceived infection risk and prevention protocols.



Call Lee to book  
your mattress  
decontamination  
service today on:  
**01773 532587**

### CONTACT US

 [www.hcsuk.co.uk](http://www.hcsuk.co.uk)

 01773 713 713

 [sales@hcsuk.co.uk](mailto:sales@hcsuk.co.uk)

### FOLLOW US



Here are the key differences between each method:

- **Cleaning** physically removes dirt, germs and bacteria from the surface of the mattress using detergents. You should use a disposable cleaning wipe, or a clean cloth dampened with warm water (at least 40°C) and detergent.
- **Disinfection** uses chemicals to kill bacteria on the mattress. You should use a disinfectant, such as a mild chlorine solution, on a disposable cloth. Then wait, don't wipe the mattress dry immediately, leave for at least five minutes so the disinfectant has enough contact time to kill the bacteria. A hot washing machine cycle is also an option for disinfecting mattress covers.
- **Sterilisation** uses heat or chemicals to kill all microbes on the mattress. This means that sterilisation eliminates harmless microbes as well as harmful ones, ensuring anything which disinfection may have missed will also be destroyed.

## CONTACT US

 [www.hcsuk.co.uk](http://www.hcsuk.co.uk)

 [sales@hcsuk.co.uk](mailto:sales@hcsuk.co.uk)

 01773 713 713

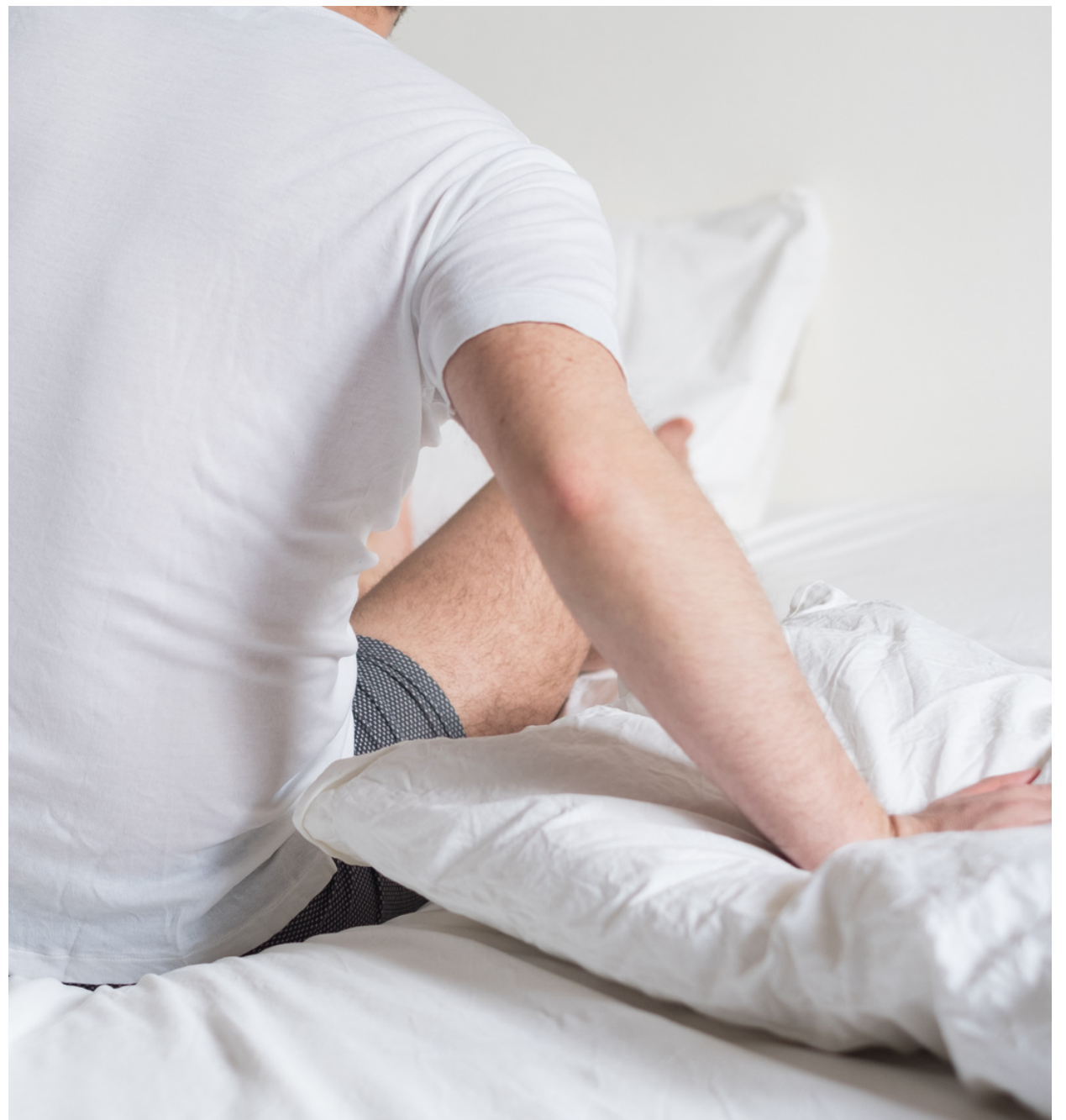
## FOLLOW US



## What Are Your Obligations Regarding Mattress Decontamination?

### Here Are Our Best Practice Tips To Help Keep Your Mattresses Hygienically And Physically Clean

- Mattress cleaning is required to be part of routine cleaning and in between each resident/client use.
- Always refer to the manufacturer's cleaning recommendations.
- Do not disinfect them unnecessarily as this will damage the mattress cover.
- Routinely inspect mattresses for damage, including opening the cover and inspecting the foam.
- If the cover is torn or the foam of the mattress becomes contaminated, the mattress should be marked as unusable and replaced.
- Disinfectants are potentially hazardous and must be used with caution.
- Where surface disinfection is required, the manufacturer's instructions of the item to be disinfected and the product to be used should be followed to ensure compatibility e.g. hypochlorite can corrode metals and bleach fabrics.
- Disinfectants must not be mixed with cleaning products.
- Disinfectants must be mixed with cold water.



### CONTACT US

 [www.hcsuk.co.uk](http://www.hcsuk.co.uk)

 01773 713 713

 [sales@hcsuk.co.uk](mailto:sales@hcsuk.co.uk)

### FOLLOW US





## What Are Your Obligations Regarding Mattress Decontamination?

Here's a table of how to clean your mattress according to infection risk level:

INFECTION RISK CATEGORY	CLEANING METHOD
<p><b>Low</b></p> <p>The mattress has not been in contact with a patient or has only been in contact with healthy skin.</p>	<p><b>Cleaning Process</b></p> <p>Warm water and mild detergent, rinse and dry. Or use surface sanitising wipes.</p>
<p><b>Medium</b></p> <p>The mattress has been in contact with mucous membranes; is at risk of contamination with virulent or readily transmissible organisms; has been in contact with blood or bodily fluids; or is going to be used for someone with a compromised immune system.</p>	<p>Cleaning Process (as above) followed by <b>Disinfection Process</b>.</p> <p>Use a disinfectant such as a mild chlorine solution on a cloth to wipe over the mattress cover. Wait five minutes before wiping over the mattress cover giving the disinfectant enough contact time to kill bacteria.</p> <p>Or you can launder the cover as per manufacturer's guidelines and drip dry.</p>
<p><b>High</b></p> <p>The mattress has been in close contact with contaminants, and transmittable organisms, broken skin or broken mucous membranes.</p>	<p>Cleaning Process followed by <b>Sterilisation Process</b> using heat or chemicals.</p> <p>Unless your mattress is cleaned using an immersion cleaning process, there is a real risk that it may not be fully hygienically cleaned, leaving your residents at risk of <b>HCAIs (Healthcare Associated Infections)</b> including MRSA and many more. Hcsuk Decontamination Service is required, please call for details.</p>

Call Lee to book your mattress decontamination service today on: 01773 532587

### CONTACT US

 [www.hcsuk.co.uk](http://www.hcsuk.co.uk)

 01773 713 713

 [sales@hcsuk.co.uk](mailto:sales@hcsuk.co.uk)

### FOLLOW US





## How Can We Help You Stay Compliant With Your Mattress Decontamination?

With HCSUK's mattress decontamination service, we can take care of it all for you, ensuring your mattress is cleaned to MHRA standards:

We offer you a full certificated decontamination, diagnostic and repair service on a wide range of static, hybrid, dynamic alternating pressure, bariatric and turning mattresses as well as air/foam cushion seating.

Our service includes:

- Collection and re-delivery.
- Disassembling, cleaning and disinfecting all components.
- Drying covers according to manufacturer's guidelines.
- Checking covers for damage.
- Checking air cells for punctures.
- Issuing a full Test Report and Certificate of Decontamination.

Our decontamination facility has been built with infection control in mind throughout, including separate "contaminated" and "decontaminated" areas. Both areas have their own entries and exits to reduce the risk of cross-contamination. Staff adhere at all times to strict hygiene policy, and colour coded gloves and aprons are used in each of the areas. The facilities have been viewed and approved by NHS/PCT trusts and our service offers a swift turnaround, usually 7-10 days.



Your mattress will also go through a diagnostic health check as part of our service. We can provide you with quotes and recommendations for any repairs to ensure you get the maximum life expectancy out of your mattresses. No work is carried out until you have agreed to quotes for any work you require.

This essential service:

- Meets PUWER regulations from the HSE.
- Meets DoH95 (18) regulations.
- Immersion process formulated to kill HCAs (Healthcare Associated Infections).
- Demonstrates you are operating a 'Safe' service to CQC, under Regulation 12.

All equipment has a complete audit trail; once cleaned and quality checked, all systems are certificated with a Decontamination Certificate as evidence that the equipment has completed our decontamination procedure.

For more information or to book your mattress decontamination service please contact Lee on 01773 532587 or email him at [servicing@hcsuk.co.uk](mailto:servicing@hcsuk.co.uk).

You can also download our latest servicing guide 'Helping You Create Safer Care Environments' by visiting [INSERT LINK HERE](#)

### CONTACT US

 [www.hcsuk.co.uk](http://www.hcsuk.co.uk)

 01773 713 713

 [sales@hcsuk.co.uk](mailto:sales@hcsuk.co.uk)

### FOLLOW US

