

Who We Are: American Liver Foundation

Mission American Liver Foundation's (ALF) mission is to promote education, advocacy, support services and research for the prevention, treatment, and cure of liver disease.

Founded in 1976, ALF is the nation's largest patient advocacy organization for people with liver disease. ALF reaches more than four million individuals each year with health information, education and support services through our website, free helpline, social media platforms, programs, and community events.

ALF makes an impact in the fight against liver disease by educating patients, families, caregivers and healthcare professionals; advocating for patients and their families; funding medical research to advance treatments for liver patients; and creating public awareness campaigns about liver wellness and disease prevention. ALF is the trusted voice for all patients and families living with liver disease.

Programs ALF offers a variety of free liver health education programs for patients, caregivers, and professionals. Our education and support programs target specific diseases and provide information about risk factors; symptoms; testing and diagnosis; disease prevention; and treatment options. Additional online resources include a variety of disease-specific brochures and fact sheets in multiple languages. To view our upcoming free programs visit: liverfoundation.org/events.

Support /Free National Helpline ALF can help you find services, resources, physicians and ongoing clinical trials in your local area. We also host several online support groups through various social platforms. Interpretation services are available for non-English speakers. Our Helpline is free and may be accessed by phone or online chat. [1-800-GO-LIVER \(1-800-465-4837\)](tel:18004654837) or liverfoundation.org.

Research ALF is devoted to clinical research to find new treatments and cures for liver disease. Since 1979, ALF has provided \$27 million in funding to support the research of over 870 scientists and physicians who have broadened understanding of the liver. liverfoundation.org/research.

Advocacy Together with volunteers and coalition partners, we advocate on behalf of liver patients, their caregivers and all those affected by liver disease for increased federal research funding, public health education, and improved patient treatments and coverage. Become an ALF Advocate today and join us in these efforts. liverfoundation.org/advocacy.

Signature Programs and Events



Think Liver Think Life is ALF's nationwide screening and public awareness campaign testing U.S. children and adults for fatty liver disease*, now known as steatotic liver disease. thinkliverthinklife.org



Join thousands of supporters from coast to coast as we walk in person and virtually towards a world free from liver disease. liverlifewalk.org



Run, bike, hike or swim to support the fight against liver disease. Your athletic effort will bring awareness to liver disease and provide financial support for our educational programs and patient services offered to the millions of Americans affected by liver disease. liverlifechallenge.org



DIY Fundraising lets you fundraise your way for ALF. Host a bake sale, bowling night, tag/garage sale or participate in a local race. Whatever idea you have, ALF will provide you with the tools needed to fundraise and make a difference in the fight against liver disease. diy.liverfoundation.org



The National Legacy Gala recognizes individuals who have made outstanding contributions to the liver community, fields of biotechnology, medical innovation and philanthropy. Through events such as the Gala, ALF can provide valuable resources and support for patients and their families. alfgala.org

To learn more about ALF, scan the QR code below. For a complete list of our free resources, please visit: liverfoundation.org/resource-center.

**The nomenclature for fatty liver disease has recently been changed to steatotic liver disease. Nonalcoholic fatty liver disease (NAFLD) has been changed to metabolic dysfunction-associated steatotic liver disease (MASLD) and nonalcoholic steatohepatitis (NASH) is now known as metabolic dysfunction-associated steatohepatitis (MASH).*

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For questions about liver wellness and disease, or for emotional support to patients at the point of crisis and information on local resources including physician referrals, please contact our Helpline at 1-800-465-4837.

