

An International, Open Access, Peer Reviewed Research Journal of Nutrition and Food

Nutrition Research Role in Health and Well Being of Planet Population

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Abstract

The Abstract should begin on a new page following the title page and be typed in single-spacing to clearly distinguish it from the Introduction. Abstracts should provide a concise overview of all aspects of the study, as most databases primarily display this section. Both Short Communications and Review Articles must include an Abstract.

Keywords

Provide four to eight appropriate keywords arranged alphabetically.

Introduction

Shall start immediately after the Abstract, as the next paragraph, but should be typed in double space.

The Introduction should lead the reader to the importance of the study; tie-up published literature with the aims of the study and clearly states the rationale behind the investigation.¹



Figure 1: Legend for Figure 1 to be typed here

Images should be High Resolution (300 DPI) in PSD, TIFF, JPEG, PNG Format

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Text within the images should be clear and readable

Materials and Methods

Shall start as a continuation to introduction on the same page. All-important materials used along with their source shall be mentioned. The main methods used shall be briefly described, citing references.²



Figure 2: Legend for Figure 2
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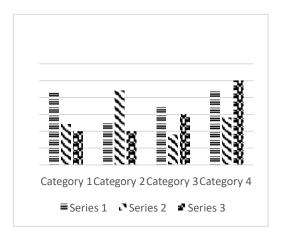
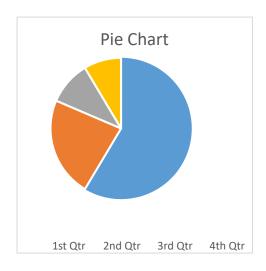
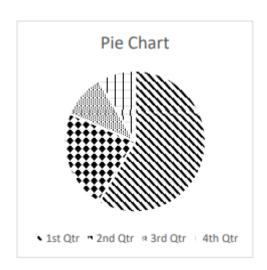


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Example 2: Caption for Figure 3 (Coloured images are used in the online version of the website)



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Trivial details may be avoided. New methods or substantially modified methods may be described in sufficient detail. The statistical method and the level of significance chosen shall be



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Results

All findings presented in tabular or graphical form shall be described in this section. The data should be statistically analyzed and the level of significance stated. Data that is not statistically significant need only to be mentioned in the text – no illustration is necessary.

Example for table

Heading 1	Heading 2	Heading 3	Heading 4
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Data	Data	Data	Data
Data	Data	Data	Data
Data	Data	Data	Data
Data	Data	Data	Data
Data	Data	Data	Data

Table 1: Legend for table 1

All Tables and figures must have a title or caption and a legend to make them self- explanatory. Results section shall start after materials and methods section on the same page.

Discussion

This section should follow results, deal with the interpretation of results, convey how they help increase current understanding of the problem and should be logical. Unsupported hypothesis⁴ should be avoided. The Discussion should state the possibilities the results uncover, that need to be further explored.

Conclusion

Proper conclusion is required in all the articles.

Acknowledgement

Acknowledgement will include the acknowledgement to the research team or any entity which has provided help during the work.



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This section will include any funding sources along with the grant number (if any) provided to facilitate the research work.

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Example:

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- Sara Miller: Data Collection, Analysis, Writing Review & Editing.
- Alen Kane: Visualization, Supervision, Project Administration.
- Linda Taylor: Funding Acquisition, Resources, Supervision.

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References

Reference style: AMA (American Medical Association)

- 1. References should be numbered consecutively in the order in which they are first mentioned in the text (not in alphabetic order).
- 2. Please ensure references are formatted according to AMA style, avoiding 'et al.' and instead numbering citations in numerical sequence with superscript throughout the article.

Use the style of the example below:

Example: Journal article (print)

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