

CliftonStrengths® Discovery: Your Unique Strengths

INSTRUCTOR-LED COURSE

Living your best life begins when you tap into your unique talents. Gallup's CliftonStrengths Discovery: Your Unique Strengths course provides insights that will change the way you work and will impact the rest of your life. You will learn how to identify what you do best and how to maximize your potential by using your CliftonStrengths.

Gallup research proves that people succeed when they focus on what they do best. When they use their strengths, people are more productive, perform better and are more engaged. The challenge is that people often take their most powerful talents for granted, and many are not fully aware of them.

Who Should Attend

This program is for individuals who want to reach their full potential by using their natural talents.

What You Can Expect

During this course, participants will discover their natural talents. They will learn how to focus on their strongest talents and will learn strategies and techniques to begin developing their talents into strengths.

During this course, participants will:

- discover how to make a difference by doing more of what they naturally do best
- get insights into their innate talents by working with their CliftonStrengths 34 results report
- learn how to develop their greatest talents into strengths
- acquire tools and insights that will help them apply their strengths to achieve greater productivity, engagement and happiness

Professional Credit Hours

Participants who successfully complete this course can earn professional credit hours from ICF (3.25 hours), SHRM (3.25 hours) and HRCI (3.25 hours). For more information, contact CEU@gallup.com.

Program Format

This half-day course is available in two instructor-led formats:

- in-person course
- virtual via Zoom

Prerequisites

Complete the CliftonStrengths assessment

Course Overview

Your CliftonStrengths

Putting a Name to Your Talents

Claim Your Power and Edge

Aim Your Talents at Excellence

We can combine this course with the CliftonStrengths Discovery: Strategies for Your Success course as a full-day offering. We conduct courses at Gallup locations worldwide. Gallup can also deliver this course at your location for groups of 15 or more. Visit <http://courses.gallup.com> for upcoming dates, locations and tuition information, or contact inquiries@gallup.com for additional information.

CliftonStrengths® Discovery: Your Unique Strengths Packet

The CliftonStrengths Discovery: Your Unique Strengths packet translates decades of Gallup research about talents, strengths, individual performance and personal development into a valuable set of tools to help individuals learn more about their talents. The packet also provides numerous ways for people to practice using their talents in their work and life.



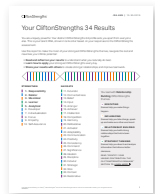
CliftonStrengths Discovery: Your Unique Strengths Workbook

This workbook guides participants through course activities and experiences. Individuals can use the workbook to explore, test and refine their notions about their natural talents and how to bring them to life every day. Through the course and this workbook, participants get simple conceptual strategies, new techniques and thought-provoking questions to help them turn their talents into strengths.



CliftonStrengths Discovery Cards Deck

This set of cards is a learning tool participants can use to start developing their talents by examining the subtle differences and distinct power among their dominant CliftonStrengths themes.



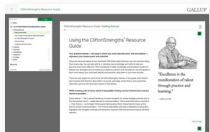
CliftonStrengths 34 Report

The CliftonStrengths 34 results report gives an individual a ranked listing of their most dominant natural talents — the ways in which they most naturally think, feel and behave.



Commitment Card

Participants use this card to capture their commitments to transfer their learning and insights into practical application of their talents in their work and life.



Digital CliftonStrengths Resource Guide

This powerful resource provides participants with a deeper understanding of each of the 34 talent themes that the CliftonStrengths assessment identifies. The guide includes theme descriptions, action items and insights into the power of each theme. Participants can use this guide to better understand their talents so that they can practice using them.